



The “Mum, I am bored” List

1. Lego/Magnetix/Duplo
2. Bake a cake
3. Drawing
4. Colouring in
5. Play hopscotch
6. Card games like Uno
7. Board games like Monopoly
8. Make a blanket fort
9. Trampoline
10. Have a “Dance off”
11. Cosmic Kids Yoga
12. Put on a concert
13. Put on a magic show
14. Make videos
15. Play on the swing
16. Change bedroom around
17. Playdoh/Slime
18. Read a book
19. Take a virtual train ride (YouTube)
20. Tea party
21. Play dress ups
22. Make an “Affirmations Jar”
23. Nerf gun battle
24. Write a song
25. Gardening
26. Meditate
27. Ride a bike
28. Play with Match box cars
29. Play with LOL’s/Dolls/Barbies
30. Blow bubbles
31. Chalk drawing on the concrete
32. Start a journal
33. Have a Wrestling match
34. Go on a scavenger hunt
35. Write a story
36. Face time with friends
37. Face time games like charades
38. Watch a movie
39. Watch a documentary
40. Paint a picture
41. Create a comic book strip
42. Skateboard
43. Have a Mini Olympics
44. Make an obstacle course
45. Make sock puppets
46. Origami
47. Jigsaw puzzle
48. Learn to knit/crochet/sew
49. Paper airplane races
50. Visit the zoo, museum or even space via their interactive websites

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